

# **Tuesday, July 1**

7:00 a.m. Feeling Fit Club
8:00 a.m. RecConnectLA Workout
8:30 a.m. Tai Chi for Beginners
9:00 a.m. Mind Body Yoga

10:00 a.m. "Nothing Like It In the World" —
The Story of the Cerritos Auto Square

7:00 p.m. Property Preservation Commission Meeting: June 24

## Wednesday, July 2

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

7:00 p.m. Planning Commission Meeting: July 2

## Thursday, July 3

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

11:00 a.m. Planning Commission Meeting: July 2

## Friday, July 4

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

10:00 a.m. Planning Commission Meeting: July 2
4:00 p.m. CCPA Performances: California Guitar Trio
6:00 p.m. Concerts Under the Stars: The Late Night Band
8:00 p.m. CCPA Performances: Latin Rock R&B Show
10:00 p.m. Concerts Under the Stars: Knyght Ryder

## Saturday, July 5

8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

8:00 p.m. CCPA Performances: California Guitar Trio

## Sunday, July 6

8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

12:00 p.m. "Nothing Like It In the World" —

The Story of the Cerritos Auto Square

4:00 p.m. Planning Commission Meeting: July 2

8:00 p.m. CCPA Performances: Benise

## Monday, July 7

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

11:00 a.m. "Nothing Like It In the World" —

The Story of the Cerritos Auto Square

7:00 p.m. CCPA Performances: California Guitar Trio

## Tuesday, July 8

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga 8:00 p.m. CCPA Performances: Benise

8:00 p.m. CCPA Performances: Ben

# Wednesday, July 9

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

10:00 a.m. CCPA Performances: Benise

7:00 p.m. Planning Commission Meeting: July 2

## Thursday, July 10

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

10:00 a.m. CCPA Performances: Quinn Sullivan 7:00 p.m. City Council Meeting: July 10

## Friday, July 11

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

10:00 a.m. CCPA Performances: California Guitar Trio

7:00 p.m. City Council Meeting: July 10

## Saturday, July 12

8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

4:00 p.m. City Council Meeting: July 10

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#### Sunday, July 13

8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

1:00 p.m. CCPA Performances: Golden Dragon Acrobats

5:00 p.m. City Council Meeting: July 10

## Monday, July 14

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

10:00 a.m. City Council Meeting: July 10

7:00 p.m. CCPA Performances: Golden Dragon Acrobats

## **Tuesday, July 15**

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

11:00 a.m. CCPA Performances: California Guitar Trio

7:00 p.m. CCPA Performances: Benise

## Wednesday, July 16

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

10:00 a.m. CCPA Performances: Quinn Sullivan2:00 p.m. "Nothing Like It In the World" —

The Story of the Cerritos Auto Square

7:00 p.m. Community Safety Committee Meeting: July 16

## Thursday, July 17

7:00 a.m. Feeling Fit Club8:00 a.m. RecConnectLA Workout8:30 a.m. Tai Chi for Beginners9:00 a.m. Mind Body Yoga

11:00 a.m. Community Safety Committee Meeting: July 16

# Friday, July 18

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

6:00 p.m. Community Safety Committee Meeting: July 16

#### Saturday, July 19

8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

1:00 p.m. Community Safety Committee Meeting: July 16 7:00 p.m. CCPA Performances: California Guitar Trio

#### Sunday, July 20

8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

2:00 p.m. Community Safety Committee Meeting: July 16

9:00 p.m. CCPA Performances: Benise

## Monday, July 21

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

## Tuesday, July 22

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

# Wednesday, July 23

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

8:00 p.m. CCPA Performances: Quinn Sullivan

# Thursday, July 24

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

11:00 a.m. CCPA Performances: Quinn Sullivan 7:00 p.m. CCPA Performances: California Guitar Trio

## Friday, July 25

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

10:00 a.m. CCPA Performances: Golden Dragon Acrobats

8:00 p.m. "Nothing Like It In the World" —

The Story of the Cerritos Auto Square

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# July on tv (Continued)

#### Saturday, July 26

8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

6:00 p.m. CCPA Performances: Golden Dragon Acrobats

## Sunday, July 27

8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

2:00 p.m. CCPA Performances: Benise 8:00 p.m. CCPA Performances: Quinn Sullivan

## Monday, July 28

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

7:00 p.m. City Council Meeting: July 28

## Tuesday, July 29

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

10:00 a.m. City Council Meeting: July 28

7:00 p.m. Property Preservation Commission Meeting: July 29

## Wednesday, July 30

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

10:00 a.m. Property Preservation Commission Meeting: July 29

5:00 p.m. "Nothing Like It In the World" —

The Story of the Cerritos Auto Square

## Thursday, July 31

7:00 a.m. Feeling Fit Club 8:00 a.m. RecConnectLA Workout 8:30 a.m. Tai Chi for Beginners 9:00 a.m. Mind Body Yoga

10:00 a.m. CCPA Performances: Golden Dragon Acrobats4:00 p.m. Property Preservation Commission Meeting: July 29